

EST. 1938

# THE MARKET MESSENGER

DECEMBER 2018

## SEASONS GREETINGS

While you're shopping for all your favorite winter decorations during the month of December, don't forget about all the gifts you can purchase right here at the Market for your loved ones. Find a few of the many available options in this word search!

S	W	E	E	T	R	E	A	T	S	X	P	W	G	
U	H	N	U	N	C	Y	X	T	R	K	W	T	I	Q
B	A	C	C	K	H	B	D	J	E	M	I	V	N	T
C	P	K	H	L	W	Q	C	O	G	J	N	A	T	B
R	P	Z	R	D	V	A	E	Q	I	U	E	V	E	Y
A	Y	F	I	S	R	X	N	Y	O	J	A	T	R	G
F	H	J	S	V	H	B	H	Z	N	N	N	D	H	O
T	O	E	T	N	C	C	B	C	A	H	D	G	A	G
S	L	W	M	X	K	C	O	M	L	A	S	I	N	R
H	I	E	A	O	J	L	D	R	M	S	P	F	U	E
S	D	L	S	D	O	Y	E	A	U	I	T	K	E	
D	A	R	W	Z	J	T	C	K	R	G	R	S	K	N
Z	Y	Y	P	D	J	H	A	Q	K	M	I	M	A	G
T	S	X	E	Z	R	E	R	I	E	E	T	T	H	P
D	T	O	K	E	N	S	E	T	T	F	S	D	A	P

REGIONAL MARKET  
 HAPPY HOLIDAYS  
 CHRISTMAS  
 HANUKKAH  
 KWANZAA  
 WINTER  
 GO GREEN  
 GIFTS  
 BODY CARE  
 CLOTHES  
 JEWELRY  
 CRAFTS  
 SWEET TREATS  
 WINE AND SPIRITS  
 TOKENS



## HOLIDAY PROGRAMS

**Baldwinsville Christmas Bureau**  
 Baldwinsville Volunteer Center  
 8 Mechanic Street  
 Baldwinsville, NY

**Christmas Bureau Registration/  
 Seasonal Services**  
 Salvation Army of Onondaga County  
 677 South Salina Street  
 2nd Floor  
 Syracuse, NY

**Fabius-Pompey Outreach**  
 7786 Main Street  
 Fabius, NY

**Faith Lutheran Church Food Pantry**  
 Faith Lutheran Church  
 6142 Route 31  
 Cicero, NY

**Leo's Loaves Food Pantry**  
 10 Onondaga Street  
 Tully, NY

**Rescue Mission Holiday Meals**  
 Rescue Mission  
 148 Gifford Street  
 Syracuse, NY

**Samaritan Center**  
 215 North State Street  
 Syracuse, NY

**Adopt-A-Family Holiday Giving Program**  
 217 South Salina Street  
 Syracuse NY 13202

For more information visit: <https://211cny.com>

## COCKTAIL MEATBALLS

### INGREDIENTS

#### MEATBALLS

- 1 lb. ground beef
- 2 large eggs
- 1/2 cup breadcrumbs
- 1/4 medium onion, finely chopped
- 1/4 cup freshly chopped parsley
- Kosher salt
- Freshly ground black pepper

#### SAUCE

- 2 cups canned cranberry sauce
- 1 cup barbecue sauce
- 1/2 cup sweet chili sauce
- 2 tbsp. apple cider vinegar
- 1 tbsp. Worcestershire sauce
- Pinch red pepper flakes
- Kosher salt

### INSTRUCTIONS

1. Preheat oven to 350° and line a large baking sheet with parchment paper. In a large bowl, stir together ground beef, eggs, breadcrumbs, onion, and parsley. Season with salt and pepper.
2. Form 16 meatballs, about 1" to 2" in diameter. Place in an even layer on prepared baking sheet and bake 10 minutes. Flip meatballs and bake 10 minutes more, until golden.
3. Meanwhile, make sauce: in a large skillet over medium heat, combine cranberry sauce, barbecue sauce, chili sauce, vinegar, and Worcestershire sauce. Whisk until smooth and season with red pepper flakes and salt.
4. When mixture is smooth, add meatballs to skillet. Cook, basting with the sauce, until sauce is thickened and coating meatballs. Garnish with parsley and serve.

<https://www.delish.com/cooking/recipe-ideas/a23694828/cocktail-meatballs/>



## CHOCOLATE-DIPPED CRANBERRY COOKIES

### INGREDIENTS

- 1 cup shortening
- 1 cup sugar
- 1 large egg
- 1 teaspoon vanilla extract
- 2 cups all-purpose flour
- 1 teaspoon baking powder
- 1/2 teaspoon salt
- 2 cups coarsely chopped fresh or frozen cranberries
- 2 cups semisweet choc. chips
- 2 tablespoons shortening
- 1-1/4 cups chopped walnuts, optional

### INSTRUCTIONS

1. Preheat oven to 350°. In a large bowl, cream shortening and sugar until light and fluffy. Beat in egg and vanilla. Combine the flour, baking powder and salt; gradually add to creamed mixture and mix well. Using paper towels, pat chopped cranberries dry; stir into dough.
2. Drop dough by rounded teaspoonfuls 2 in. apart onto baking sheets coated with cooking spray. Bake until lightly browned, 11-13 minutes. Remove to wire racks to cool.
3. In a microwave, melt chocolate chips and shortening; stir until smooth. Dip each cookie halfway into the chocolate; place on waxed paper. Sprinkle with walnuts if desired. Let stand until set. Freeze option: Drop cookie dough by rounded teaspoonfuls onto baking sheets; cover and freeze until firm. Transfer cookie dough balls to a freezer container. May be frozen for up to 3 months. To use, bake frozen cookie dough as directed, increasing time by 3-4 minutes. Proceed with recipe as directed.

<https://www.tasteofhome.com/recipes/chocolate-dipped-cranberry-cookies/>



## CHOCOLATE GINGERSNAPS

### INGREDIENTS

- 1/2 cup butter, softened
- 1/2 cup packed light brown sugar
- 1/4 cup molasses
- 1 tablespoon water
- 2 teaspoons minced fresh gingerroot
- 1-1/2 cups all-purpose flour
- 1 tablespoon baking cocoa
- 1-1/4 teaspoons ground ginger
- 1 teaspoon baking soda
- 1 teaspoon ground cinnamon
- 1/4 teaspoon ground nutmeg
- 1/4 teaspoon ground cloves
- 7 ounces semisweet chocolate, finely chopped
- 1/4 cup course sugar

### INSTRUCTIONS

1. In a large bowl, cream butter and brown sugar until light and fluffy. Beat in the molasses, water and gingerroot. Combine the flour, cocoa, ginger, baking soda, cinnamon, nutmeg and cloves; gradually add to creamed mixture and mix well. Stir in chocolate. Cover and refrigerate until easy to handle, about 2 hours.
2. Shape dough into 1-inch balls; roll in sugar. Place 2 inches apart on greased baking sheets.
3. Bake at 350° until tops begin to crack, 10-12 minutes. Cool for 2 minutes before removing to wire racks.

<https://www.tasteofhome.com/recipes/chocolate-gingersnaps/>



## WHAT'S IN SEASON?



## AVAILABLE YEAR ROUND



"THE MISSION OF THE AUTHORITY IS TO PROVIDE FACILITIES, PROGRAMS, AND SERVICES TO PROMOTE OPPORTUNITIES FOR AGRICULTURE AND COMMERCE IN CENTRAL NEW YORK."

## WELCOME CENTER

### About

The Welcome Center is the main office during retail market hours and is located between the A Shed and the Commons.

### Services

- .Lost and found
- .Token program
- .Daily payments and license signing
- .General inquiries

### Debit/Credit Gold Tokens

- . Never expire
- . \$5.00 increments
- . No additional fees
- . Can be returned with receipt
- . Vendors only give you cash change
- . We accept Visa, Mastercard, Discover

### EBT Silver Tokens

- . Never expire
- . Tokens are \$1.00 each
- . Can be returned with receipt
- . No change can be given
- . We accept cards from all states

### Market Hours

Thursday Farmers Market  
May-November 15th, 7 a.m.-2 p.m.

Saturday Farmers Market  
Year-round 7 a.m.-2 p.m.

Sunday Flea Market  
Year-round 7 a.m.-2 p.m.



## CNY Regional Market Authority

2100 Park Street  
Syracuse, NY 13208  
Phone: (315) 422-8647  
Fax: (315) 422-6897  
Email: [staff@cnyrma.com](mailto:staff@cnyrma.com)  
Office Hours:  
Monday-Friday 8:00 a.m.-4:30 p.m.

[cnyrma.com](http://cnyrma.com)

## HOW TO BECOME A VENDOR

### Paperwork Required

In order to sell at the Market, you must have:

1. General Liability Insurance worth \$1,000,000 each occurrence with CNYRMA listed as an additional insured, Certificate Holder
2. New York State Tax ID Certificate (if selling taxable items)

Note: Depending on items sold, other paperwork may also be required, call our office for any clarifications.

### Reserve a Spot

- Send all documents using email, fax, or mail
- Once we have all the required paperwork, you can reserve a spot by calling our office weekly between Monday and Thursday 8 a.m. to 4:30 p.m.
- Vendors are notified with their stall locations on Friday
- Payments are made before you set up, morning of
- Prices vary depending on season, what is being sold, and location
- Call our office for pricing details or about becoming a licensed vendor

## HOLIDAY TRIVIA

1. Kwanzaa is a holiday celebrating the heritage and culture of which American culture?  
A. Hispanic-American B. African-American C. Irish-American D. Asian-American
2. The name Kwanzaa derives from the phrase *matunda ya kwanza*, meaning "first fruits of the harvest." From what African language does this originate?  
A. Taita B. Yaaku C. Swahili D. Samburu
3. Which of the following is **not** one of the seven principles of African heritage celebrated at Kwanzaa?  
A. Leadership B. Unity C. Purpose D. Faith
4. According to the English lyrics of 'The Dreidel Song' which children sing at Hanukkah, out of what material is a dreidel made?  
A. Wood B. Clay C. Lead D. Plastic
5. Oil is an essential part of Hanukkah, it's actually what is celebrated! The Talmud says that when the temple was rededicated, very little oil was left to light the menorah, a candelabrum which was supposed to be lit every night. It appeared that it would only burn for one night, however, how long did the oil last?  
A. 8 days B. 68 days C. 4 days D. 11 days
6. The real St. Nicholas was born in what modern-day country?  
A. Germany B. Turkey C. Israel D. Iraq
7. Rudolph the Red-Nosed Reindeer was created as a promotion for what department store?  
A. J.C. Penney B. Macy's C. Nordstrom D. Montgomery Ward
8. Why were candy canes first invented?  
A. For bored kids at church B. To hold stockings C. To stir coffee D. To decorate Christmas trees
9. In what country are outdoor barbecues a traditional part of Christmas festivities?  
A. Germany B. Australia C. Mexico D. China
10. In what country are Christmas trees decorated with spiders?  
A. Nigeria B. Brazil C. Iceland D. Ukraine

Answers:

(1) B (2) C (3) A (4) B (5) A (6) B (7) D (8) A (9) B (10) D  
<http://www.funtrivia.com> <http://www.usefulttrivia.com>